

2020 Back-to-School Plan

Considering how 2020 has gone so far, it's likely that school year will be unpredictable, too. But one thing is certain—back to school means a new rhythm for your entire family.

In all the chaos and adjustment, it can be difficult to create intentional moments for you and your family to connect in meaningful ways. This worksheet is designed to help you do just that—be intentional about the things that matter to your family during the 2020-2021 school year.

So grab your calendars and bribe your family with some delicious snacks and sit down together to create your personalized 2020 Back-to-School Plan!

Step 1: School-Year GOAL

As individuals, decide on *one* area you'd like to grow in this school year. Maybe it's getting your work done by a certain time. Maybe it's limiting technology during the week. Maybe you want to get a "B" in math or wake up fifteen minutes earlier.

Write down everyone's individual goals:

Now, talk about a goal you can work toward as an entire family. Maybe it's praying together before the work and school day start, or saving Saturday mornings for pancakes as a family. Whatever it is, make sure it's simple, measurable, and involves every member of your family.

Write down your family goal:

To keep yourselves motivated, write down three reasons why your family goal is important:

- 1.
- 2.
- 3.

Step Two: School-Year SERVING

Nothing brings a family together like a common cause or passion. This school year, choose an organization, family, or group to serve.

Start off by allowing everyone to share who or what they're passionate about serving. Is it animals? Kids battling cancer? The elderly? Homeless? Soldiers overseas? Out-of-work circus clowns? The choice is yours!

Once everyone has shared their response, take a vote, and choose a group to focus on together this school year.

Our family's common cause this school year will be:

Now it's time to choose how you'll serve. There's more than one way! You can give time, money, or even gently used clothes, toys, or resources. You can also raise awareness for and pray for your cause-of-choice.

Discuss your options and choose 2-3 different ways you can support your cause together.

- 1.
- 2.
- 3.

Now for the hard part—putting it on the calendar! Your family is busy, and if you're not intentional about serving together, it's probably not going to happen. Take your answers above and choose a month to complete it during the school year. (Bonus points if you pick an actual date!)

We will complete #1 during the month of:

We will complete #2 during the month of:

We will complete #3 during the month of:

Step Three: School-Year FUN

You didn't think we were going to leave out the *fun* did you?! How can your family have fun this school year? Brainstorm some ideas—let everybody share! Come up with five fun things to do together. Try to be realistic, which means a month in Tahiti or a new swimming pool might not make the list.

Our school-year fun will be:

- 1.
- 2.
- 3.
- 4.
- 5.

Now, fill out the next sheet and post it where everyone in the family will see it often and be reminded of your commitment to yourselves and one another. Remember, as your kids get older, the coming school year may look different than previous ones, but it can still be an incredible time of growth and making memories for you and your family.

You did it! Time for a family dance party!

OUR FAMILY GOALS

2020-2021 School Year

Our family GOAL is:

And it's important because:

Our family's COMMON CAUSE is:

And we will support it by:

1. _____
2. _____
3. _____

Our family will have FUN by: